

UCSD MEDICAL GROUP & CLINICAL GUIDELINES

DIAGNOSIS	Facial fractures with mild closed head injuries
CASE MANAGEMENT GOALS	Ensure the patient/family and nursing staff education regarding the operation, post-operative diet, wound care and activity, follow-up visits. Coordinate care and anticipate future needs. Monitor daily progress. Assist with determination of treatment plan. Anticipate needs to discharge. Aid in transition to home or care facility.
PREADMISSION	
PRE-OPERATIVE	ABCs, PRS, or ENT evaluation, antibiotics and tetanus prophylaxis as needed.
ACUTE	If jaw wired shut: <ul style="list-style-type: none">- Wire cutters at bedside- Oral rinses- Fracture jaw diet- Dietary consult
RECOVERY FACILITY	Home care facility in complex cases
HOME	Home in uncomplicated cases
DAY 1	CT brain, 24 hours of neurologic exams
DAY 2	Clear cervical spine, imaging studies, immediate repair or consider outpatient management, patient and family educations regarding wound care, diet, and activity.
GOAL LENGTH OF STAY	Depends on associated injuries, type of fracture/complexity of surgery.