PEDIATRIC SYMPTOM CHECKLIST (PSC)

PSC FOR FAMILIES: FREQUENTLY ASKED QUESTIONS

WHO COMPLETES THE PSC?

- parents/caregivers of youth ages 3 to 18
- youth ages 11 to 18

HOW LONG DOES IT TAKE TO COMPLETE?

5 minutes

WHEN DO I COMPLETE THE PSC?

- beginning of therapy
- every few months
- discharge session

FAMILY BENEFITS OF COMPLETING THE PSC

- Have your voice heard in therapy
- Make sure family and therapist are on same page
- Help identify treatment goals
- Make sure treatment goals and interventions are helping

The PSC can help you recognize treatment improvement. Once you complete at least two PSCs a graph can be given to you to see if treatment is working over time (see sample below).