



UC San Diego Health Milk Drive

In collaboration with Mothers' Milk Bank of San Jose and San Diego Blood Bank

Date: Wednesday, March 1, 2017

Time: 9 a.m. – 2 p.m.

Location: UC San Diego Health, Sulpizio Cardiovascular Center parking lot

Have extra milk? Help us address a statewide milk shortage and help NICU babies throughout California.

How do I know if I might qualify to donate my extra milk?

- You have a healthy baby.
- You can donate at least 100 ounces of frozen breast milk.
- Your milk is less than six months old and stored in sealed breast milk bags or containers.

What do I need to do at the milk drive?

- Bring your frozen milk with you.
- Complete a health questionnaire.
- Have a one-time blood test at no charge to you.
- Pick up a form to have your obstetrician and pediatrician sign and return later.

Once your forms are submitted and your screening is complete, you'll be a registered milk donor for the Mothers' Milk Bank of San Jose and can continue to donate milk if desired.

Questions?

Contact Dr. Lisa Stellwagen: [619-543-3759](tel:619-543-3759) or lstellwagen@ucsd.edu

