**Session Information**

**Session 07**  
**Tuesday, February 5, 2019**

**Additional Reading:** Please read the following *prior* to class

Lowdermilk et al. *Maternity and Women’s Health Care* (10th ed.)
- Chapter 17 – Pain Management (review)
- Chapter 30 – Medical-Surgical Problems in Pregnancy
- Chapter 34 – Postpartum Complications

ACOG. Obstetric Analgesia and Anesthesia (Practice Bulletin #36). 2002

ASA. Optimal Goals for Anesthesia Care in Obstetrics. 2013


AWHONN. Role of Registered Nurse in the Care of Pregnant Women Receiving Analgesia/Anesthesia by Catheter Techniques (Epidural Statement)

### 7a 7:30 am – 8:45 am  
**Post Term Pregnancy**

At the conclusion of this session the student will be able to:

- State the physiologic changes which can occur with post term pregnancy
- Identify the causes and conditions associated with post term pregnancy
- Discuss the management of post term pregnancy and post term labor
- State the effects on the fetus of post term pregnancy
- Discuss delivery room care of the post term infant

### 7b 8:45 am – 10:15 am  
**Placental and Umbilical Cord Complications**

At the conclusion of this session the student will be able to:

- Discuss the signs and symptoms of placenta previa
- List risk factors for placenta previa
- Differentiate between placenta accreta, increta and percreta
- Describe the management of a prolapsed cord
- State the presenting signs of placental abruption

### 7c 10:30 pm – 12:30 pm  
**Surviving the Night Shift**

At the conclusion of this session the student will be able to:

- Understand sleep physiology, the sleep-wake cycle and sleep architecture.
- Discuss the effects of fatigue and sleep deprivation.
- Discuss the effect of fatigue and sleep deprivation on patient safety.
- Identify three strategies for surviving the night shift with fatigue countermeasures.

### 7d 12:45 pm – 2:15 pm  
**Perioperative Care in OB**

At the conclusion of this session the student will be able to:

- List stages of perioperative care
- Describe potential complications related to obstetrical surgical procedures.
- Discuss PACU standards of care as related to obstetrics.
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- Describe patient assessments and nursing interventions required in the PACU
- Discuss potential complications in the recovery period through case study

7e  2:30 pm – 4:00 pm  OB Anesthesia and Analgesia

At the conclusion of this session the student will be able to:
- Describe the physiology of labor and factors effecting the perception of pain
- Identify the goals for OB anesthesia & anesthesia
- Discuss the various analgesic and anesthetic approaches to providing labor comfort.
- Review the potential complications of obstetric anesthesia and identify nursing’s responsibilities