



Maternal Newborn Nursing Care Course Session Information



Session 07 **Tuesday, August 6, 2019**

Additional Reading: Please read the following *prior* to class

Lowdermilk et al. *Maternity and Women's Health Care* (10th ed.)

None

Guttmacher Institute. State Policies in Brief: Infant Abandonment. December 2011.

Guttmacher Institute. State Policies in Brief: Minor's Access to Prenatal Care. December 2011.

Montgomery KS. Nursing Care for Pregnant Adolescents. *JOGNN*. 32, 249-257; 2003

7a 9:15 am – 10:45 am **Surviving the Night Shift**

At the conclusion of this session the student will be able to:

- Understand sleep physiology, the sleep-wake cycle and sleep architecture.
- Discuss the effects of fatigue and sleep deprivation.
- Discuss the effect of fatigue and sleep deprivation on patient safety.
- Identify three strategies for surviving the night shift with fatigue countermeasures.

7b 11:00 am – 12:30 am **Teen Pregnancy**

At the conclusion of this session the student will be able to:

- Define the scope of the problems of adolescent pregnancy.
- Summarize factors contributing to adolescent pregnancy.
- Discuss the physical, psychological and sociologic risks of pregnancy adolescent's face.

7c 1:15 pm – 2:30 pm

At the conclusion of this session the student will be able to:

- Recognize liability issues in the perinatal area.
- Become more familiar with legal terminology.
- Review the principles of documentation to better prepare for written accounts of patient care
- Increase the understanding of the legal responsibilities of documentation and describe the different challenges and rewards that computerized documentation presents
- Identify what information is required for the medical record, and what information needs to be provided in an incident report.
- Outline strategies to decrease liabilities and identify supportive resources.