



## Maternal Newborn Nursing Care Course Session Information



### Session 06 Thursday, August 1, 2019

**Additional Reading:** Please read the following *prior* to class

Lowdermilk et al. *Maternity and Women's Health Care* (10<sup>th</sup> ed.)

Chapter 17 – Pain Management (review)

Chapter 30 – Medical-Surgical Problems in Pregnancy (review)

Chapter 33 – Labor and Birth Complications (review)

Chapter 34 – Postpartum Complications

ACOG. Obstetric Analgesia and Anesthesia (Practice Bulletin #36). 2002

ASA. Optimal Goals for Anesthesia Care in Obstetrics. 2013

ASA. Practice Guidelines for Obstetric Anesthesia. *Anesthesiology* 106:843-63. 2007

AWHONN. Role of Registered Nurse in the Care of Pregnant Women Receiving Analgesia/Anesthesia by Catheter Techniques (Epidural Statement)

Diagnosis of Vaginal Bleeding

Uterotonic Medications

#### 6a 7:30 am – 9:45 am Third Stage – Uncomplicated and Complicated

At the conclusion of this session the student will be able to:

- Define third stage of labor.
- Discuss complications that can occur during the third stage of labor.
- Identify areas of nursing assessment during fourth stage of labor.
- Recognize common and potentially life-threatening post partum complications.
- Identify nursing interventions for these complications.

#### 6b 10:00 am – 11:00 am Shoulder Dystocia

At the conclusion of this session the student will be able to:

- Identify the maternal and fetal risk factors associated with shoulder dystocia.
- Describe the following interventions: McRobert's Maneuver, Suprapubic Pressure
- Describe the maternal, fetal and neonatal complications associated with shoulder dystocia.

#### 6c 12:00 pm – 1:15 pm OB Anesthesia and Analgesia

At the conclusion of this session the student will be able to:

- Describe the physiology of labor and factors effecting the perception of pain
- Identify the goals for OB anesthesia & analgesia
- Discuss the various analgesic and anesthetic approaches to providing labor comfort.
- Review the potential complications of obstetric anesthesia and identify nursing's responsibilities

#### 6d 1:30 pm – 2:45 pm Perioperative Care in OB

At the conclusion of this session the student will be able to:

- List stages of perioperative care

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- Describe potential complications related to obstetrical surgical procedures.
- Discuss PACU standards of care as related to obstetrics.
- Describe patient assessments and nursing interventions required in the PACU
- Discuss potential complications in the recovery period through case study