



Maternal Newborn Nursing Care Course Session Information



Session 01 Tuesday, July 16, 2019

Additional Reading: Please read the following *prior* to class

Lowdermilk et al. *Maternity and Women’s Health Care* (10th ed.)
 Chapter 1 – 21st Century Maternity & Women’s Health Nursing
 Chapter 2 – Community Care: The Family and Culture
 Chapter 13 – Anatomy and Physiology of Pregnancy
 Chapter 14 – Nursing Care of the Family During Pregnancy

ACNM. *Pearls in Your Pocket*. 2012

Downe S et al. Creating a collaborative Culture in Maternity Care. *J Midwifery Womens Health*. 2010;55:250-254

Hess R et al. Knowledge of Female Genital Cutting and Experience with Women who are Circumcised: A Survey of Nurse-Midwives in the United States. *J Midwifery Womens Health*. 2010;55:46-54

Hunter LP. A Descriptive Study of “Being with Woman” During Labor and Birth. *J Midwifery Womens Health*. 2009;54:111-118

Lagan B et al. Internet Use in Pregnancy Informs Women’s Decision Making: A Web-Based Survey. *Birth*. 2010;37:106-115

March of Dimes. *40 Reasons to go the full 40*. 2012

Morris T, McInerney K. Media Representations of Pregnancy and Childbirth: An Analysis of Reality Television Programs in the United States. *Birth*. 2010;37:134-140

	7:30 am – 8:00 am	Registration and Introduction
1a	8:00 am – 9:30 am	Review – Female Anatomy: Structure and Function

At the conclusion of this session the student will be able to:

- Identify, describe, or name structure of the female reproductive system.
- Identify, describe, or name pelvic landmarks.
- Identify and compare the four main types of pelvi and their respective limiting features.
- Discuss how the shape of the shape of a bony pelvis affects the movement of the infant through it during labor.

1b	9:45 am – 10:45 am	Review – Physiological Changes: Pregnancy and Labor
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At the conclusion of this session the student will be able to:

- Describe anatomical and physiological changes in pregnancy of multiple systems (eg respiratory, endocrine)
- State five maternal high risk conditions
- Be aware of differential assessments from the normal discomforts of pregnancy.
- Describe physiological changes in the normal laboring woman and their effects.

1c	10:45 am – 11:45 pm	Antenatal Assessment/Prenatal Care Overview
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At the conclusion of this session the student will be able to:

- Describe three pregnancy related condition which place the mother and/or infant at risk.
- Describe the following procedures and their purpose: Amniocentesis, Chorionic villi sampling, Maternal Alpha Fetal Protein, Biophysical Profile
- Identify essential elements of an initial prenatal visit and follow up visits.

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1d 12:45 pm – 2:15 pm Family Centered Maternity Care

At the conclusion of this session the student will be able to:

- Define Family Centered Care
- Discuss the RN's role in establishing and maintaining family centered care

1e 2:15 pm – 3:45 pm Childbirth: Culture, Beliefs and Traditions

At the conclusion of this session the student will be able to:

- State three principles of trans-cultural nursing.
- Select an appropriate translator for the family with a language barrier.
- Discuss cultural implications in obstetrics.
- Define the term “vulnerable population”.

Rev 7/2019