

## Am I Eligible to Join?

This study is looking for volunteers who meet the following criteria:

- Diagnosed with Parkinson's disease within the past three years
- Not currently taking any medication to treat Parkinson's disease (unless it is an MAO-B inhibitor)
- No history of gout, recurrent kidney stones, heart attack or stroke
- Additional criteria will also be discussed with a study coordinator

## How Do I Join the SURE-PD3 Trial?

*Thank you for your interest in the SURE-PD3 trial!*



You will first meet with our study doctor and coordinator. We will ask you to read, review and sign a consent form in order to take part in the study. If you choose to provide your consent, you will then enter the screening period of the study.

To make an appointment with the study doctor or to find out more about the study and how to join, please contact us by phone at 858-822-5871 or via email at [movementdisorders@ucsd.edu](mailto:movementdisorders@ucsd.edu).

## Contact Information

**Site Name:** UCSD Movement Disorder Center

**Study Doctor:** Irene Litvan, MD

**Study Coordinator:** Cindy Lawrence

**Phone:** 858-246-2537 (*Mon – Fri 7:30am-4pm*)

**Email:** [clawrence@ucsd.edu](mailto:clawrence@ucsd.edu)

**Site Address:** UCSD Altman Clinical and Translational Research Institute, 9452 Medical Center Drive, 1<sup>st</sup> Floor, La Jolla, CA 92037

To learn more about the SURE-PD3 study, search for “SURE-PD” on these websites:

- [foxtrialfinder.org](http://foxtrialfinder.org)
- [clinicaltrials.gov](http://clinicaltrials.gov)

*Thank you for considering contributing to this important research study!*



# SURE-PD3

*Study of URate Elevation  
in Parkinson's Disease,  
Phase 3*



Sponsored by:



National Institute of  
Neurological Disorders  
and Stroke

## What Is the SURE-PD3 Study?

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We are conducting this research study to test whether a treatment that raises levels of the antioxidant urate can slow the rate of Parkinson's disease progression over time. The treatment is a compound called inosine, which the body turns into urate. SURE-PD3 hopes to enroll 270 subjects across 60 sites in the United States.

## What Is Urate?

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Urate is also known as uric acid. It is an antioxidant that is a normal part of the body and is found in the blood and brain.

## Why Study Urate in Parkinson's Disease?

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There is evidence that increased urate levels can predict both a lower risk of developing Parkinson's disease and a slower rate of its worsening over time. People with high levels of urate are less likely to develop Parkinson's disease. In addition, several studies have now shown that patients with Parkinson's disease who have high

levels of urate have a slower progression of their Parkinson's disease.

## How Will the SURE-PD3 Study Raise Urate Levels?

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In this study, we will elevate blood urate levels with a drug called inosine. When taken by mouth, inosine is absorbed by the body and changed into urate, raising urate levels.



## Will Everyone Receive Inosine?

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It is important to know that not all eligible study participants will be given inosine. There will be a 50/50 chance of receiving either inosine or placebo. A placebo is an inactive pill used in research studies to determine if the findings are due to the active study drug (inosine) or due to other reasons. You and your study doctor will not get to choose which group you are assigned and will not know what group you are in. The study doctor can

find out which treatment group you are in if there is an emergency and a need to know.

## What Will Happen During the Study?

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If you choose to participate in this study, you will make 14 visits to the study site. At these visits, you will undergo a variety of assessment and procedures. For example, we will review your current medications and medical status, collect blood and urine samples, and have you complete questionnaires.

If you are interested in participating, a study coordinator will explain the details of all procedures that you will be asked to complete.

## How Long Does the Study Take?

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The study will take about 28 months to complete.

To determine if you are a good match for the SURE-PD3 study, you will be asked to come in for two screening visits and one brain scan visit.

Once we know you are eligible for the study, we will ask you to come in for at least 12 additional study visits over two years. We will also call you throughout the study.