Awards

The Board of Directors selects the annual recipients of the AASM awards, which are presented in June during the plenary session of the SLEEP annual meeting of the Associated Professional Sleep Societies LLC (APSS).

- Nathaniel Kleitman Distinguished Service Award

- William C. Dement Academic Achievement Award

Established in 1994, the William C. Dement Academic Achievement Award recognizes members of the sleep field who have displayed exceptional initiative and progress in the areas of sleep education and academic research. The award’s namesake, William C. Dement, MD, PhD, is one of the nation’s leading sleep researchers. His extensive publication of research, studies of REM sleep and development of the Multiple Sleep Latency Test greatly advanced the sleep medicine field. The William C. Dement Academic Achievement Award embodies the pursuit of knowledge, a commitment to teaching and an unceasing quest to disseminate truth.

2020 RECIPIENT: ATUL MALHOTRA, MD, FAASM

Dr. Malhotra is a pulmonary, critical care and sleep medicine physician at the University of California San Diego School of Medicine. His research interests include the pathogenesis of obstructive sleep apnea and the pathophysiology underlying its complications. He runs a large NIH-funded laboratory and is the author of more than 500 research articles, books, chapters and reviews. A highly sought-after expert in sleep medicine, Dr. Malhotra has delivered hundreds of lectures in the U.S. and around the world and has appeared in dozens of media reports on sleep and sleep disorders.

2019 Sonia Ancoli-Israel, PhD