UCSD Regional Regional Anesthesia and Acute Pain Medicine Fellowship

Fellowship Director: Matthew Swisher, MD MS
Clinical Sites for UCSD RAAPM Fellowship

Jacobs Medical Center

UCSD Hillcrest

Koman Outpatient Pavilion

Sulpizio CV Center
EDUCATIONAL CURRICULUM

• Rotations
  • Regional Anesthesia at various sites
  • Acute Pain Service at Jacobs Medical Center
  • UCSD Perioperative Ultrasound
  • Elective of your choice

• Elective opportunities
  • Research rotation
    • Dr. Gabriel | Biomedical Informatics
  • Global health rotation in **Rwanda**
    • Dr. Swisher | Founder and Director of the East African Regional Anesthesia and Acute Pain Medicine Fellowship Program (Kigali)

• Chronic pain rotation
• Pediatric rotation at Rady’s Children Hospital
EDUCATIONAL CURRICULUM

• Objectives
  • Master basic single-shot and continuous peripheral nerve block techniques
  • Gain experience managing continuous perineural infusions for inpatients and outpatients
  • Understand how to build/manage a regional anesthesia service
  • Learn how to effectively manage acute pain (multimodal analgesia, epidurals, ERAS) and how to run an acute pain service

• Structure of fellowship
  • 3 regional/acute pain service days/week
  • 1 day/week in OR as attending (paid extra, solo or supervision)
  • 1 academic day/week available
  • Compensated OR/OB attending call readily available
  • Academic or QI project of your choice

<table>
<thead>
<tr>
<th>Typical Number of Blocks per Fellow per Year</th>
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<tbody>
<tr>
<td>Paravertebral single-shot</td>
</tr>
<tr>
<td>Paravertebral catheter</td>
</tr>
<tr>
<td>Erector spinae</td>
</tr>
<tr>
<td>Infraclavicular single-shot</td>
</tr>
<tr>
<td>Infraclavicular catheter</td>
</tr>
<tr>
<td>Interscalene single-shot</td>
</tr>
<tr>
<td>Interscalene catheter</td>
</tr>
<tr>
<td>Thoracic epidural</td>
</tr>
<tr>
<td>Adductor single-shot</td>
</tr>
<tr>
<td>Adductor catheter</td>
</tr>
<tr>
<td>Femoral single-shot</td>
</tr>
<tr>
<td>Femoral catheter</td>
</tr>
<tr>
<td>Sciatic single-shot</td>
</tr>
<tr>
<td>Sciatic catheter</td>
</tr>
<tr>
<td>Supraclavicular single-shot</td>
</tr>
<tr>
<td>Axillary single-shot</td>
</tr>
<tr>
<td>Ankle block</td>
</tr>
<tr>
<td>TAP block</td>
</tr>
<tr>
<td>Quadratus lumborum block</td>
</tr>
<tr>
<td>Distal blocks (median, ulnar, radial, LABC, MABC, metacarpal)</td>
</tr>
</tbody>
</table>

**Total Number of Blocks ~ 1,725**
EDUCATIONAL CURRICULUM

• Conferences
  • UCSD Regional Conference
  • UCIMED/UCSD Regional Conference in Costa Rica
  • COSECSA/University of Rwanda/WFSA Annual Conference in Kigali, Rwanda
  • ASRA

• New Initiatives
  • UCSD Perioperative Ultrasound
  • Global Health and Health Policy
THE BIG QUESTION: ACGME VERSUS NON-ACGME

• Benefits of non-ACGME programs
  • Opportunity to work as attending in OR (and not lose your OR skills your first year out of residency)
  • Greatly supplement your income
  • Greater autonomy
  • Year of fellowship is a great personal sacrifice, so we at UCSD aim to minimize the amount of sacrifice needed to become an expert RAAPM subspecialist

• Benefits of ACGME programs
  • Currently none
  • No standards for block volume or complexity
  • *Far in the future*, there might be a specialty exam in RAAPM, but until that time there are NO BENEFITS to trainees
  • Going ACGME only benefits individual departments and divisions by making them look more “official”

COMMITTED TO NON-ACGME STATUS FOR THE BENEFIT OF OUR FELLOWS
# Comparison of Programs

<table>
<thead>
<tr>
<th>ACGME Program #1</th>
<th>Non-ACGME Program #1</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Volume</strong></td>
<td>~1500-2000</td>
</tr>
<tr>
<td><strong>Complexity</strong></td>
<td>Catheter-heavy, many PVBs and ICs</td>
</tr>
<tr>
<td>Supervising vs. performing</td>
<td>Mostly performing own blocks</td>
</tr>
<tr>
<td><strong>Salary</strong></td>
<td>$200,000</td>
</tr>
<tr>
<td>Attending OR coverage</td>
<td>Yes, 1 day/week</td>
</tr>
<tr>
<td>Research options</td>
<td>10 ongoing RCTs</td>
</tr>
</tbody>
</table>

| Supervising vs. performing        | Mostly supervising                    |
| Salary                            | $62,000                               |
| Attending OR coverage             | No, required to give lunch breaks to residents/CRNAs |
| Research options                  | 1 ongoing RCTs                        |
RESEARCH OPPORTUNITIES

• Clinical Trials
  • Learn how to design and execute clinical trials
  • Peripheral neuromodulation for analgesia
  • Cryoanalgesia for acute pain
  • Acute Pain Service (i.e. benefits of ketamine/lidocaine infusions, ERAS protocols, pain pathways)
  • Comparison of regional anesthesia blocks for various surgeries
  • Currently have 10 ongoing prospective, randomized trials

• Biomedical Informatics
  • Learn statistics and computer programming if interested to supplement research skills
  • National database research on opioid consumption/complications and perioperative outcomes
  • Institutional data analysis on quality improvement, multimodal analgesia, operating room efficiency, and perioperative outcomes
  • Predictive analytics (machine learning, AI) for patient outcomes
UCSD RAAPM FELLOWSHIP

• Eligibility Criteria
  • Board certification (or eligibility) in Anesthesiology
  • Current license in State of Residency (at time of application)
  • California medical license (when starting fellowship)

• Fellowship Positions and Application Process
  • Number of positions = 7 total/year with start dates in July, August, and September (flexibility)
  • Application deadline = March 31st (UCSD accepts the ASRA Common Application)
  • Interviews = March – April
  • Salary = ranges from $110,000-220,000 depending on the amount of OR/OB attending call taken
UCSD RAAPM Faculty

• Rodney A. Gabriel, MD, MAS – Division Chief
  • Medical School: UCSF | Residency: BWH | RAAPM Fellowship: UCSD

• Matthew Swisher, MD, MS – Fellowship Director
  • Medical School: Duke | Residency: UCSF/BWH | RAAPM Fellowship: UCSD

• Engy Said, MD – Acute Pain Service Director
  • Medical School: UCLA | Residency: USC/UCSD | RAAPM Fellowship: UCSD

• John F. Finneran, MD
  • Medical School: UCSD | Residency: UCSD | RAAPM Fellowship: UCSD
• Mary Abanobi, MD  
  • Medical School: UT Houston | Residency: UCSD | RAAPM Fellowship: UCSD

• Wendy Abramson, MD  
  • Medical School: Thomas Jefferson | Residency: Penn | RAAPM Fellowship: UCSD

• Rekha Chandrabose, MD  
  • Medical School: UNC | Residency: UCSD | RAAPM Fellowship: UCSD

• Brian M. Ilfeld, MD, MS  
  • Medical School: UCSF | Residency: UCSF | RAAPM Fellowship: U of Florida
UCSD RAAPM FACULTY

• Bahareh Khatibi, MD
  • Medical School: U of Chicago | Residency: UCSD | RAAPM Fellowship: UCSD

• NavParkash S. Sandhu, MD
  • Medical School: Panjab University | Residency: NYU

• Preetham Suresh, MD
  • Medical School: Case Western | Residency: UCSF

• Jacklynn Sztain, MD
  • Medical School: UCLA | Residency: UCSD | RAAPM Fellowship: UCSD
RAAPM Fellowship Contact Information

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