14th Annual UCSD Ultrasound-Guided Regional Anesthesia Course
PROGRAM SCHEDULE

Saturday, January 25, 2020

0730-0755 AM REGISTRATION & CONTINENTAL BREAKFAST

0755-0800 Introduction and Welcome
Rodney A. Gabriel, MD, MAS

SESSIONS:

0800-0835 Upper Extremity Blocks, Part I: Brachial Plexus Anatomy, Cervical Plexus Blocks, Interscalene Block, Supraclavicular Block
John J. Finneran, MD

0835-0915 Upper Extremity Blocks, Part II: Infraclavicular, Axillary, Metacarpal, Ulnar, Median, Radial Nerve Blocks
Matthew W. Swisher, MD, MS

0915-0925 COFFEE BREAK

0925-1000 Lower Extremity Blocks, Part I: Lumbar Plexus Anatomy, Femoral, Adductor Canal Blocks, Saphenous Nerve Blocks
Bahareh Khatibi, MD

1000-1040 Lower Extremity Blocks, Part II: Anatomy, Subgluteal Sciatic, Pop/sciatic, iPACK Blocks, and Ankle Block
John J. Finneran, MD

1040-1130 Truncal Blocks, Part I: Paravertebral, PECS I and II, Erector Spinae Plane Block, Serratus Anterior Plane Block
Rodney A. Gabriel, MD, MAS

1130-1155 Truncal Blocks, Part II: Transversus Abdominus Plane and Quadratus Lumborum Blocks
Jacklynn F. Sztain, MD

1155-1225 Prolonging Peripheral Nerve Blocks: Continuous Perineural Infusions vs. Liposomal Bupivacaine
Brian M. Ilfeld, MD, MS

1225-1255 LUNCH
Hands-on-Workshop (Basic, Vascular & Advanced Registrants):
1. Cadaver Front:
   a. Interscalene and Neck Anatomy
   b. Brachial Plexus and Upper Extremity Peripheral Nerves
   c. Abdominal Wall
   d. Femoral Nerve, Adductor Canal and Saphenous Nerve, Ankle
2. Cadaver Back:
   a. Thoracic Spine
   b. Lumbar Plexus
   c. Subgluteal Sciatic and Popliteal
   d. Ankle
4. Sonoanatomy of Deep Cervical & Interscalene Blocks
5. Sonoanatomy of Supraclavicular & Infraclavicular Blocks
6. Sonoanatomy of Axillary and Forearm Blocks
7. Sonoanatomy of Femoral and Adductor Canal
8. Knobology and Phantom Practice/Needle Guide
9. Sonoanatomy of Sciatic & Popliteal Fossa Blocks, and iPACK Blocks
10. Sonoanatomy of TAP, QL, PEC, & Serratus Blocks
11. Sonoanatomy of Thoracic Paravertebral and Erector Spinae Plane Blocks
12. Simulation: Crisis Management

1445 BASIC REGISTRANTS ADJOURNED

VASCULAR ACCESS & ADVANCED REGISTRANTS ONLY

1445-1700 ULTRASOUND-GUIDED VASCULAR ACCESS WORKSHOP
   • Overview of Ultrasound-Guided Vascular Techniques
   • Imaging Stations for Vascular Access of Arterial, Central Venous and Peripheral Venous Lines
PROGRAM SCHEDULE

Sunday, January 26, 2020

0730-0800 AM       CONTINENTAL BREAKFAST

0800-1130 Hands-on-Workshop (Basic, Vascular & Advanced Registrants):
1. Cadaver Front:
   a. Interscalene and Neck Anatomy
   b. Brachial Plexus and Upper Extremity Peripheral Nerves
   c. Abdominal Wall
   d. Femoral Nerve, Adductor Canal and Saphenous Nerve, Ankle
2. Cadaver Back:
   a. Thoracic Spine
   b. Lumbar Plexus
   c. Subgluteal Sciatic and Popliteal
   d. Ankle
4. Sonoanatomy of Deep Cervical & Interscalene Blocks
5. Sonoanatomy of SuprACLavicular & InfraCLavicular Blocks
6. Sonoanatomy of Axillary and Forearm Blocks
7. Sonoanatomy of Femoral and Adductor Canal
8. Knobology and Phantom Practice/Needle Guide
9. Sonoanatomy of Sciatic, Popliteal Fossa Blocks, and iPACK Blocks
10. Sonoanatomy of TAP, QL, PEC, & Serratus Blocks
11. Sonoanatomy of Thoracic Paravertebral and Erector Spinae Plane Blocks
12. Simulation: Crisis Management

1130           BASIC & VASCULAR ACCESS WORKSHOP REGISTRANTS ADJOURNED

ADVANCED REGISTRANTS ONLY

1130-1730: Advanced Workshop attendees will perform various ultrasound-guided blocks in cadavers under faculty guidance. Perineural Catheter Placement for some blocks.

1130-1230 Advanced Ultrasound-Guided Cadaver Workshop*

1230-1300 LUNCH

1300-1730 Advanced Workshop

Max of 45 participants

1730           ADJOURNMENT

*Attendance for the advanced workshop is limited to 45 participants AND must be registered for the full program. Advanced Ultrasound-Guided Workshop is limited to pre-registered participants only.