



UCSD Medical Center Custom Premier PPO

This summary of benefits has been updated to comply with federal and state requirements, including applicable provisions of the recently enacted federal health care reform laws. As we receive additional guidance and clarification on the new health care reform laws from the U.S. Department of Health and Human Services, Department of Labor and Internal Revenue Service, we may be required to make additional changes to this summary of benefits. This proposed benefit summary is subject to the approval of the California Department of Insurance and the California Department of Managed Health Care.

In addition to dollar and percentage copays, members are responsible for deductibles, as described below. Please review the deductible information to know if a deductible applies to a specific covered service. Certain Covered Services have maximum visit and/or day limits per year. The number of visits and/or days allowed for these services will begin accumulating on the first visit and/or day, regardless of whether your Deductible has been met. Members are also responsible for all costs over the plan maximums. Plan maximums and other important information appear in *italics*. Benefits are subject to all terms, conditions, limitations, and exclusions of the Policy.

Subject to Utilization Review

Certain services are subject to the utilization review program. Before scheduling services, the member must make sure utilization review is obtained. If utilization review is not obtained, benefits may be reduced or not paid, according to the plan.

Explanation of Maximum Allowed Amount

Maximum Allowed Amount is the total reimbursement payable under the plan for covered services received from Participating and Non-Participating Providers. It is the payment towards the services billed by a provider combined with any applicable deductible, copayment or coinsurance. PPO Providers—The rate the provider has agreed to accept as reimbursement for covered services. Members are not responsible for the difference between the provider's usual charges & the maximum allowed amount.

Non-PPO Providers—For non-emergency care, reimbursement amount is based on: an Anthem Blue Cross rate or fee schedule, a rate negotiated with the provider, information from a third party vendor, or billed charges. Members are responsible for the difference between the provider's usual charges & the maximum allowed amount. For Medical Emergency care rendered by a Non-Participating Provider or Non-Contracting Hospital, reimbursement is based on the reasonable and customary value. Members may be responsible for any amount in excess of the reasonable and customary value.

Tier 1 EPO Providers (UCSD); Tier 2 PPO Providers ; Tier 3 Non-PPO Providers

When using Non-PPO and Other Health Care Providers, members are responsible for any difference between the covered expense & actual charges, as well as any deductible & percentage copay.

Calendar year deductible (no cross application)

Tier 1 EPO Providers (UCSD)	No Deductible
Tier 2 PPO Providers	\$250 Individual / \$500 Family
Tier 3 Non-PPO Providers	\$250 Individual / \$500 Family

Coinsurance for non-Anthem Blue Cross PPO hospital or residential treatment center if services not preauthorized

50%

Deductible for emergency room services

\$100/visit (waived if admitted directly from ER)

Annual Out-of-Pocket Maximums (no cross application)

Tier 1 EPO Providers (UCSD)	\$1,000member/calendar year; \$2,000/family/calendar year
Tier 2 PPO Providers	\$1,000member/calendar year; \$2,000/family/calendar year
Tier 3 Non-PPO Providers	\$2,000/member/calendar year; \$4,000/family/calendar year

The following do not apply to out-of-pocket maximums: non-covered expenses. After an annual out-of-pocket maximum is met for medical and prescription drugs during a calendar year, the individual member or family will no longer be required to pay a copay or coinsurance for medical and prescription drug covered expenses for the remainder of that year. The member remains responsible for non-covered expenses.

Lifetime Maximum

Unlimited

Covered Services

	Tier 1: Per Member Copay	Tier 2 PPO: Per Member Copay	Tier 3 Non-PPO: Per Member Copay
Hospital Medical Services (subject to utilization review for inpatient services; waived for emergency admissions)			
➤ Semi-private room, meals & special diets, & ancillary services	\$250/admit	20%	40% ¹
➤ Outpatient medical care, surgical services & supplies (hospital care other than emergency room care)	No copay	20%	40% ¹
Ambulatory Surgical Centers			
➤ Outpatient surgery, services & supplies	No copay	20%	40% (limited to \$350/day)
Hemodialysis			
➤ Outpatient hemodialysis services & supplies	N/A	20%	40% (limited to \$350/day)
Skilled Nursing Facility (subject to utilization review)			
➤ Semi-private room, services & supplies (limited to 100 days/calendar year; limit does not apply to mental health and substance abuse)	N/A	20%	40%
Hospice Care			
➤ Inpatient or outpatient services; family bereavement services	N/A	20% ²	

¹ For California facilities, a discount will be applied if the facility has a contract with Anthem Blue Cross for fee-for-service business. For California facilities without a contract, covered expense for hospital services and supplies is reduced by 25%, resulting in higher costs for members.

² These providers are not represented in the Anthem Blue Cross PPO network.

Covered Services	Tier 1: Per Member Copay	Tier 2: PPO: Per Member Copay	Tier 3: Non-PPO: Per Member Copay
Home Health Care (subject to utilization review)			
➤ Services & supplies from a home health agency (limited to 120 visits/calendar year, one visit by a home health aide equals four hours or less; not covered while member receives hospice care)	No copay	20%	40%
Home Infusion Therapy (subject to utilization review)			
➤ Includes medication, ancillary services & supplies; caregiver training & visits by provider to monitor therapy; durable medical equipment; lab services	No copay	20%	40% (benefit limited to \$600/day)
Physician Medical Services			
➤ Office & home visits (includes retail health clinic & online visits)	\$15/visit	\$15/visit ¹ (deductible waived)	40%
➤ Hospital & skilled nursing facility visits	No copay	20%	40%
➤ Surgeon & surgical assistant; anesthesiologist or anesthetist	No copay	20%	40%
➤ Drugs administered by medical provider (certain drugs will be subject to pre-service review)	No copay	20%	40%
Diagnostic X-ray & Lab			
➤ MRI, CT scan, PET scan & nuclear cardiac scan (subject to utilization review)	No copay	20%	40%
➤ Other diagnostic x-ray & lab	No copay	20%	40%
Preventive Care Services			
Preventive Care Services including*, physical exams, preventive screenings (including screenings for cancer, HPV, diabetes, cholesterol blood pressure, hearing and vision, immunizations, health education, intervention services, HIV testing), and additional preventive care for women provided for in the guidelines supported by the Health Resources and Services Administration. *This list is not exhaustive. This benefit includes all Preventive Care Services required by federal and state law.	No copay	No copay (deductible waived)	No copay
Physical Therapy, Physical Medicine & Occupational Therapy, including Chiropractic Services (limited to 60 visits/calendar year; additional visits may be authorized)	No copay	20%	40%
Speech Therapy			
➤ Outpatient speech therapy	No copay	20%	40%
Acupuncture			
➤ Services for the treatment of disease, illness or injury (limited to 12 visits/calendar year)	No copay	20% ²	40% ²
Temporomandibular Joint Disorders			
➤ Splint therapy & surgical treatment	No copay	20%	40%
Pregnancy & Maternity Care			
➤ Physician office visits	\$15/visit	\$15/visit ¹ (deductible waived)	40%
➤ Prescription drug for abortion (mifepristone)	No copay	20%	40%
Normal delivery, cesarean section, complications of pregnancy & abortion Inpatient physician services	No copay	20%	40%
➤ Hospital & ancillary services	\$250/admit	20%	40% ³
Organ & Tissue Transplants (subject to utilization review; specified transplants covered only when performed at Centers of Medical Excellence [CME] for California; Blue Distinction Centers for Specialty Care [BDCSC] for out of California)			
➤ Inpatient services provided in connection with non-investigative organ or tissue transplants	N/A	20%	
➤ Transplant travel expense for an authorized, specified transplant at CME (recipient & companion transportation limited to \$10,000 per transplant)	N/A		No copay (deductible waived)
➤ Unrelated donor search, limited to \$30,000 per transplant			

¹ The dollar copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

² Acupuncture services can be performed by a certified acupuncturist (C.A.), a doctor of medicine (M.D.), a doctor of osteopathy (D.O.), a podiatrist (D.P.M.), or a dentist (D.D.S.).

³ For California facilities, a discount will be applied if the facility has a contract with Anthem Blue Cross for fee-for-service business. For California facilities without a contract, covered expense for hospital services and supplies is reduced by 25%, resulting in higher costs for members.

Covered Services	Tier 1: Per Member Copay	Tier 2 PPO: Per Member Copay	Tier 3 Non-PPO: Per Member Copay
Bariatric Surgery <i>(subject to utilization review; medically necessary surgery for weight loss, only for morbid obesity, covered only when performed at Centers of Medical Excellence [CME])</i>			
➤ Inpatient services provided in connection with medically necessary surgery for weight loss, only for morbid obesity	N/A	20%	
➤ Bariatric travel expense when member's home is 50 miles or more from the nearest bariatric CME <i>(member's transportation to & from CME limited to \$130/person/trip for 3 trips [pre-surgical visit, initial surgery & one follow-up visit]; one companion's transportation to & from CME limited to \$130/person/trip for 2 trips [initial surgery & one follow-up visit]; hotel for member & one companion limited to one room double occupancy & \$100/day for 2 days/trip, or as medically necessary, for pre-surgical & follow-up visit; hotel for one companion limited to one room double occupancy & \$100/day for duration of member's initial surgery stay for 4 days; other reasonable expenses limited to \$25/day/person for 4 days/trip)</i>	N/A		No copay <i>(deductible waived)</i>
Diabetes Education Programs <i>(requires physician supervision)</i>			
➤ Teach members & their families about the disease process, the daily management of diabetic therapy & self-management training	No copay	\$15/visit <i>(deductible waived)</i>	40%
Prosthetic Devices			
➤ Coverage for breast prostheses; prosthetic devices to restore a method of speaking; surgical implants; artificial limbs or eyes; the first pair of contact lenses or eyeglasses when required as a result of eye surgery; & therapeutic shoes & inserts for members with diabetes	N/A	20%	40%
Durable Medical Equipment			
➤ Rental or purchase of DME including hearing aids, dialysis equipment & supplies) <i>(hearing aids benefit is available for one hearing aid per ear every three years; breast pump and supplies are covered under preventive care at no charge for in-network)</i>	N/A	20%	40%
Related Outpatient Medical Services & Supplies			
➤ Ground or air ambulance transportation, services & disposable supplies	N/A		20% ¹
➤ Blood transfusions, blood processing & the cost of unreplaced blood & blood products	N/A		20% ¹
➤ Autologous blood <i>(self-donated blood collection, testing, processing & storage for planned surgery)</i>	N/A		20% ¹

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Covered Services	Tier 1: Per Member Copay	Tier 2: PPO: Per Member Copay	Tier 3: Non-PPO: Per Member Copay
Emergency Care			
➤ Emergency room services & supplies (<i>\$100 deductible waived if admitted</i>)	No copay	20%	20%
➤ Inpatient hospital services & supplies	No copay	20%	20%
➤ Physician services	No copay	20%	20%
Mental or Nervous Disorders and Substance Abuse			
➤ Inpatient facility care (<i>subject to utilization review; waived for emergency admissions</i>)	\$250/admit	20%	40% ¹
➤ Inpatient physician visits	\$15/visit	20%	40%
➤ Outpatient facility care	No copay	20% after deductible is met	40% ¹ after deductible is met
➤ Physician office visits (<i>Behavioral Health treatment for Pervasive Development disorders requires pre-service review</i>)	\$15/visit	\$15/visit ² (<i>deductible waived</i>)	40% after deductible is met

¹ For California facilities, a discount applies if the facility has a contract with Anthem Blue Cross for fee-for-service business. For California facilities without a contract, covered expense for non-emergency hospital services and supplies is reduced by 25%, resulting in higher out-of-pocket costs for members.

² The dollar copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

This Summary of Benefits is a brief review of benefits. Once enrolled, members will receive a Combined Evidence of Coverage and Disclosure Form, which explains the exclusions and limitations, as well as the full range of covered services of the plan, in detail.

For additional information on limitations and exclusions and other disclosure items that apply to this plan, go to https://le.anthem.com/pdf?x=CA_LG_PPO