

Procedures Following Occupational Exposure to Blood/Body Fluids

If you come in contact with another person's blood or body fluid (e.g., through a needlestick injury or mucous membrane splash), take the following steps:

- 1) **Wash/flush** area;
- 2) Contact supervisor;
- 3) See location instructions below.

NOTE: All follow-up is done at UCSD Center for Occupational & Environmental Medicine, 330 Lewis St., Ste. 100, San Diego, 619-471-9210, regardless of where the injury happened. Students with UCSHIP should fill prescriptions at Student Health Services; students with other insurance, use outside pharmacy. SOM will reimburse for costs not covered by insurance. Contact SOM Registrar for reimbursement.

UCSDMC (Hillcrest or Thornton): Mon-Fri fm 8-4 pm, call 619-290-1447 or via the UCSD Med Ctr page system (619-543-6737, beeper #1447). After 4 pm, wknds & hldys, go to Emergency Dept. at the hospital where you are working.

Mercy Hospital: Report to Emergency Department immediately.

VAMC: 7:30-3:00 pm go to Occupational Health. After 3 pm, weekends & holidays go to the Emergency Area immediately. Post Exposure Hotline: x7842

Rady Children's Hospital: Contact the Infection Control Director, Chris Abe at pager 858-493-0390. If the Director is not available, call the Division of Infectious Diseases at 858-495-7785. Contact Chris Abe for source testing.

Navy Hospital (Balboa): Report to Emergency Room immediately. Follow up at Occupational Health.

Other sites: Contact the faculty supervisor & the Office of Admissions and Student Affairs at 858-534-3700 as soon as possible. In each location, the injury will be documented and hospital personnel will ask the patient for consent for HIV and hepatitis B & C testing if the patient's status is not known. The student will also be asked for serum for testing. The student should make a decision about whether to take antiretroviral medication until the patient's HIV status is known.